

Fill the gaps with the IMPERATIVES learnt. Look at this word bank below and try to fill the gaps with the correct action verb in each case.

mix

fill

put

peel



Superhero Green Smoothie

INGREDIENTS:

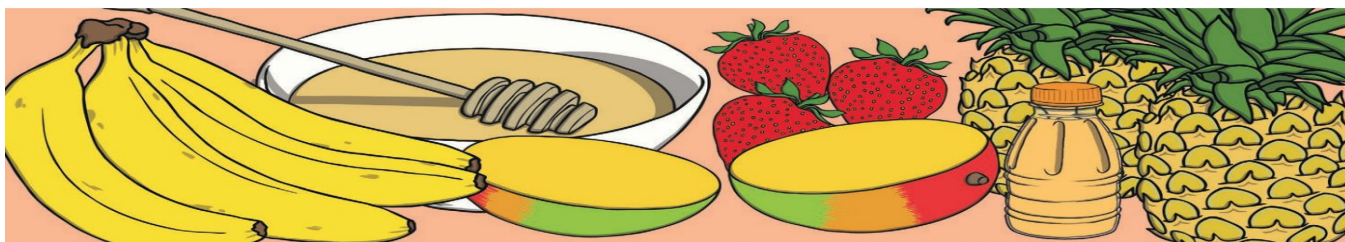
- 7 or 8 spinach leaves
- 1/2 of avocado
- 1/2 of mango
- 1 banana
- 2 cups of cold water.

Kitchen tools:

- A blender
- Knife
- Cutting board
- transparent cups

INSTRUCTIONS:

1. Two hours or more time before to start cooking, slice the banana and _____ it into the freezer.
2. While, _____ and cut the half mango and the half avocado.
3. After two or more hours, put into the blender, the spinach leaves, the half avocado, the half mango, the frozen slices of banana and the cold water.
4. _____ everything into the blender for 2 minutes.
5. Finally, _____ the cups to the top with the smoothie and enjoy it!



Superhero Red and Yellow Smoothie

pour

put

add

mix

slice

INGREDIENTS:

Red smoothie:

10 strawberries

A glass of raspberry juice

A tablespoon of honey

Yellow smoothie:

A small mango

A small banana

A small piece of pineapple (120 g)

A glass of orange juice

6 ice cubes

Kitchen tools:

blender

cutting board

knife

transparent cups

INSTRUCTIONS:

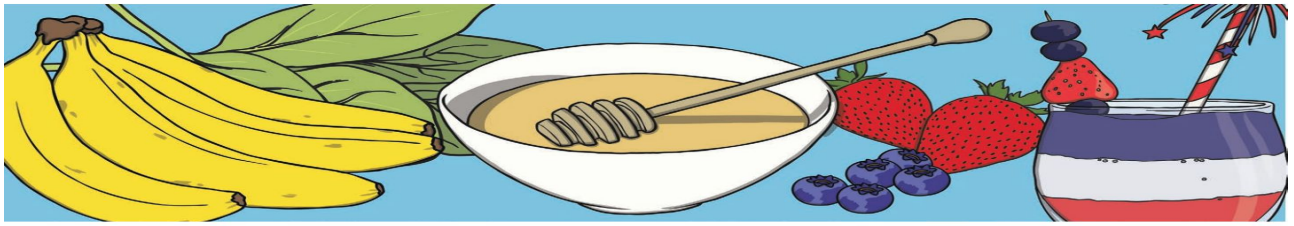
1. The night before, _____ the banana and put it into the freezer.

2. First of all, we are doing the red smoothie. So, _____ the strawberries, the raspberry juice and the honey into the blender and _____ everything.

3. Then, _____ the red smoothie into the transparent cups to the half and put them into the freezer for ten minutes.

4. While, wash out the blender and to do the yellow smoothie, put the banana, the mango, pineapple, orange juice and ice cubes into to mix everything again.

5. Finally, remove the cups from the freezer and _____ the yellow smoothie on top of each cup and enjoy it!



Superhero Red, White and Blue Smoothie

Fill put slice mix pour add

INGREDIENTS:

RED SMOOTHIE

10 frozen strawberries
A glass of raspberry juice
A big spoon of honey

WHITE SMOOTHIE

1 banana
2 tablespoons of vanilla yoghurt
A glass of milk

BLUE SMOOTHIE

2 spinach leaves
20 frozen blueberries
A glass and a half of milk

Kitchen tools:

Blender
Cutting board
A knife
Transparent cups.

INSTRUCTIONS:

1. The night before, _____ the banana and put it into the freezer.
2. First of all, we are doing the red smoothie. So, _____ the strawberries, the raspberry juice and the honey into the blender and _____ everything.
3. Then, _____ the red smoothie to the third part of the cups and put them into the freezer for ten minutes.
4. While, wash out the blender and to do the white smoothie, put the banana, the vanilla yoghurt and the milk into and mix everything again.
5. Remove the cups from the freezer and _____ the white smoothie filling another third part of the cups and put them again into the freezer for another 10 more minutes.
6. While, wash out the blue smoothie, put the spinach the blueberries and the milk into and mix everything again.
7. Remove the cups from the freezer and _____ the cups to the top with